

**2015 – 2016 AGE GROUP LONG COURSE SWIMMING
COMPETITION – DIVISION III (PART 1A,B)
2015-2016 第三組長池分齡游泳比賽第一節**

Date : Part 1A – 23 May 2015 (Saturday) **Venue :** Tung Chung Sw Pool
東涌游泳池

Date : Part 1B – 23 May 2015 (Saturday) **Venue :** Kwun Tong Sw Pool
觀塘游泳池

Morning Warm Up : 09:00-09:45 Hrs **Morning Session First Event :** 10:00 Hrs
Afternoon Warm Up : 14:00-14:45 Hrs **Afternoon Session First Event :** 15:00 Hrs

GIRLS 女

BOYS 男

1	13 & 14 YRS	200M	FREESTYLE	自由泳	2
3	15 - 16 YRS	200M	FREESTYLE	自由泳	4
5	13 & 14 YRS	100M	BREASTSTROKE	蛙泳	6
7	15 & 16 YRS	100M	BREASTSTROKE	蛙泳	8
9	8 YRS & UNDER	100M	BREASTSTROKE	蛙泳	10
11	13 & 14 YRS	50M	BUTTERFLY	蝶泳	12
13	15 - 16 YRS	50M	BUTTERFLY	蝶泳	14
15	8 YRS & UNDER	50M	BUTTERFLY	蝶泳	16
17	13 & 14 YRS	200M	BACKSTROKE	背泳	18
19	15 - 16 YRS	200M	BACKSTROKE	背泳	20

午膳時間 Lunch Break

21	9 & 10 YRS	200M	FREESTYLE	自由泳	22
23	11 & 12 YRS	200M	FREESTYLE	自由泳	24
25	9 & 10 YRS	100M	BREASTROKE	蛙泳	26
27	11 & 12 YRS	100M	BREASTROKE	蛙泳	28
29	9 & 10 YRS	50M	BUTTERFLY	蝶泳	30
31	11 & 12 YRS	50M	BUTTERFLY	蝶泳	32
33	11 & 12 YRS	200M	BACKSTROKE	背泳	34

截止註冊日期 CLOSING DATE FOR REGISTRATION: **10 April 2015 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **4 May 2015 (1700hrs)**

2015 – 2016 AGE GROUP LONG COURSE SWIMMING COMPETITION – DIVISION III (PART 2A,B)

2015 – 2016 第三組長池分齡游泳比賽第二節

Date : Part 2A – 4 July 2015 (Saturday) **Venue :** Sun Yat Sen Memorial Park Sw Pool
孫中山紀念公園游泳池

Date : Part 2B – 4 July 2015 (Saturday) **Venue :** Tung Chung Sw Pool
東涌游泳池

Morning Warm Up : 09:00-09:45 Hrs **Morning Session First Event :** 10:00 Hrs

Afternoon Warm Up : 14:00-14:45 Hrs **Afternoon Session First Event :** 15:00 Hrs

GIRLS 女

BOYS 男

1	13 & 14 YRS	200M	IND. MEDLEY	個人四式	2
3	15 - 16 YRS	200M	IND. MEDLEY	個人四式	4
5	13 & 14 YRS	50M	BACKSTROKE	背泳	6
7	15 - 16 YRS	50M	BACKSTROKE	背泳	8
9	8 YRS & UNDER	50M	BACKSTROKE	背泳	10
11	13 & 14 YRS	100M	FREESTYLE	自由泳	12
13	15 - 16 YRS	100M	FREESTYLE	自由泳	14
15	8 YRS & UNDER	100M	FREESTYLE	自由泳	16
17	13 & 14 YRS	50M	BREASTSTROKE	蛙泳	18
19	15 - 16 YRS	50M	BREASTSTROKE	蛙泳	20
21	8 YRS & UNDER	50M	BREASTSTROKE	蛙泳	22

午膳時間 Lunch Break

23	9 & 10 YRS	200M	IND. MEDLEY	個人四式	24
25	11 & 12 YRS	200M	IND. MEDLEY	個人四式	26
27	9 & 10 YRS	50M	BACKSTROKE	背泳	28
29	11 & 12 YRS	50M	BACKSTROKE	背泳	30
31	9 & 10 YRS	100M	FREESTYLE	自由泳	32
33	11 & 12 YRS	100M	FREESTYLE	自由泳	34
35	9 & 10 YRS	50M	BREASTSTROKE	蛙泳	36
37	11 & 12 YRS	50M	BREASTSTROKE	蛙泳	38

截止註冊日期 CLOSING DATE FOR REGISTRATION: **22 May 2015 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **12 June 2015 (1700hrs)**

**2015-2016 AGE GROUP LONG COURSE SWIMMING
COMPETITION – DIVISION III (PART 3A,B)
2015-2016 第三組長池分齡游泳比賽第三節**

Date : Part 3A – 19 September 2015
(Saturday)

Venue : Kwun Tong Sw Pool
觀塘游泳池

Date : Part 3B – 19 September 2015
(Saturday)

Venue : Morse Park Sw Pool
摩士公園游泳池

Morning Warm Up : 08:00-08:45 Hrs

Morning Session First Event : 09:00 Hrs

Afternoon Warm Up : 13:00-13:45 Hrs

Afternoon Session First Event : 14:00 Hrs

GIRLS 女

BOYS 男

1	13 & 14 YRS	100M	BUTTERFLY	蝶泳	2
3	15 - 16 YRS	100M	BUTTERFLY	蝶泳	4
5	13 & 14 YRS	50M	FREESTYLE	自由泳	6
7	15 - 16 YRS	50M	FREESTYLE	自由泳	8
9	8 YRS & UNDER	50M	FREESTYLE	自由泳	10
11	13 & 14 YRS	100M	BACKSTROKE	背泳	12
13	15 - 16 YRS	100M	BACKSTROKE	背泳	14
15	8 YRS & UNDER	100M	BACKSTROKE	背泳	16
17	13 & 14 YRS	200M	BREASTROKE	蛙泳	18
19	15 & 16 YRS	200M	BREASTROKE	蛙泳	20

午膳時間 Lunch Break

21	9 & 10 YRS	100M	BUTTERFLY	蝶泳	22
23	11 & 12 YRS	100M	BUTTERFLY	蝶泳	24
25	9 & 10 YRS	50M	FREESTYLE	自由泳	26
27	11 & 12 YRS	50M	FREESTYLE	自由泳	28
29	9 & 10 YRS	100M	BACKSTROKE	背泳	30
31	11 & 12 YRS	100M	BACKSTROKE	背泳	32
33	11 & 12 YRS	200M	BREASTROKE	蛙泳	34

截止註冊日期 CLOSING DATE FOR REGISTRATION: **7 August 2015 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **28 August 2015 (1700hrs)**